



the essential
ELEMENT



Green Cleaning Tip Sheet

Dishwasher Powder

2 Cups Washing Soda
1 Cup table Salt
1 Cup bicarb soda
1 Cup Citric Acid
30 drops of Tea Tree Essential Oil
30 Drops Lemon Essential Oil
Add all items to your airtight container and give it a good stir!

Furniture Polish

1/4 cup Olive Oil
1/4 cup white vinegar
5 drops Abortive
5 drops Citrus Bliss
Combine in a small spray bottle.
Shake before use. Spray and wipe!

Hand Soap

2 Tbsp Fractionated Coconut Oil
2 Tbsp Castile Soap
15 drops of Essential Oil in total
You can be creative!
Lavender + Tea Tree and Florals are gorgeous.
Combine in a pump bottle top up with water and shake every now and then with use

Air Freshener / Room Spray

15 drops of Essential Oil in total.
Citrus Bliss
Peppermint
Ylang Ylang + Lavender are all beautiful options
Combine in a spray bottle. Add a splash of witch hazel and top up with water
Shake before use. Spray and smell